

Starting from 7th October

WORK OUT AT THE UNIVERSITY

FITNESS COURSES
at the Sports Hall of Mompiano
Campus, via della Garzetta 48



- > **PILATES** WEDNESDAY, 1pm - 2pm
- > **FUNCTIONAL WORKOUT** MONDAY, 12:40pm - 1:30pm (from October to December) | THURSDAY, 12:40pm - 1:30pm (from February to June)

Register at www.csi.brescia.it by clicking on the dedicated banner. Enter the required details, upload a valid **medical certificate for non-competitive activities**, and select the type of **subscription** you prefer:

OCTOBER - DECEMBER 100€ (1 course)

OCTOBER - JUNE 250€ (1 course)

OCTOBER - JUNE 475€ (2 courses)

**FIRST
TRIAL
LESSON
IS FREE**

*Access is reserved for Università Cattolica students and staff.
Lessons will be suspended during holidays and for any university-related needs.

EDUCatt Office via Tosio 1, Brescia

WhatsApp **366 6709460** - sportincampus.brescia@educatt.org



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CATTOLICA
del Sacro Cuore



in collaboration with
MILLENNIUM
SPORT & FITNESS
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